


101 Things To Do Before You're Old and Boring Updates. July 08.


Info box updates. Cut out the new information below and replace the out-of-date information in your book.


30 Create	Create a One-Minute Movie	 Feeling ambitious? If you enjoyed making your first short film and want to do more, then visit www.firstlightmovies.com , where you'll find advice on how to get involved in more film-making projects. Make sure you also check out www.youngfilm-makers.coop ...	
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34 Adventure	Hide Treasure and Leave a Map ...	<ul style="list-style-type: none"> If you want to be really clever, leave a riddle where 'X' marks the spot. When the riddle is solved the precise location of the treasure is revealed. For example, say the map leads to your grandparents' sitting room. You could leave the following riddle: 'When does 1=5 and 4=20?' 	
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43 Make a Difference	Do Something Charitable	 Asian tsunami: The tsunami that devastated parts of Asia and Africa on the 26th December 2004 prompted the biggest charity appeal ever. By July 2006 the contributions, raised by hundreds of countries, reached over \$13.5 billion.	
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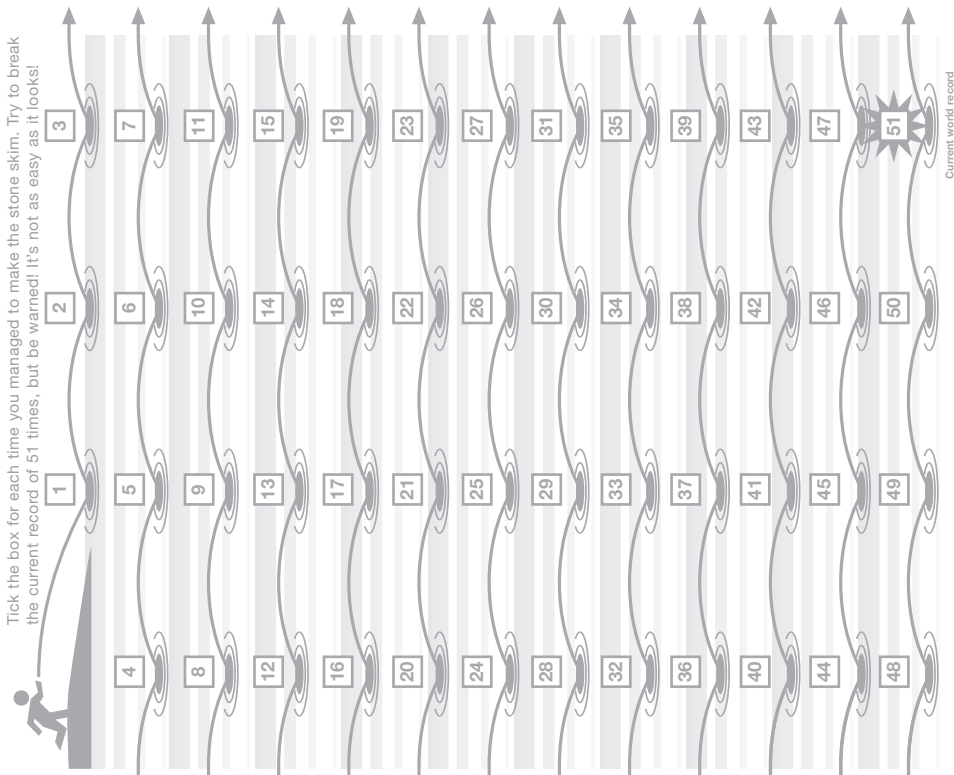
46 Adventure	Go As Fast As You Can	<table border="1" style="width: 100%; text-align: center;"> <tr> <td style="padding: 5px;"> Fastest 100-Metres Time 9.72 seconds Usain Bolt May 2008 </td> <td style="padding: 5px;"> Fastest Train Speed 574.8 km/h TGV, France June 2007 </td> </tr> <tr> <td style="padding: 5px;">  </td> <td style="padding: 5px;">  </td> </tr> <tr> <td colspan="2" style="padding: 5px;">July 2008</td> </tr> </table> <table border="1" style="width: 100%; text-align: center;"> <tr> <td style="padding: 5px;"> Fastest Bicycle Speed 268.8 km/h Fred Rompelberg October 1995 </td> <td style="padding: 5px;"> Fastest Rollercoaster 206 km/h, 'Kingda Ka' Cedar Point, Ohio, USA </td> <td style="padding: 5px;"> Fastest Plane Over 3,200 km/h = Mach 3 (Mach 3 = 3 x speed of sound) SR-71 Blackbird, USA December 1964 (Experimental unmanned aircraft have since reached Mach 10) </td> </tr> <tr> <td style="padding: 5px;">  </td> <td style="padding: 5px;">  </td> <td style="padding: 5px;">  </td> </tr> <tr> <td colspan="3" style="padding: 5px;">July 2008</td> </tr> </table>	Fastest 100-Metres Time 9.72 seconds Usain Bolt May 2008	Fastest Train Speed 574.8 km/h TGV, France June 2007			July 2008		Fastest Bicycle Speed 268.8 km/h Fred Rompelberg October 1995	Fastest Rollercoaster 206 km/h, 'Kingda Ka' Cedar Point, Ohio, USA	Fastest Plane Over 3,200 km/h = Mach 3 (Mach 3 = 3 x speed of sound) SR-71 Blackbird, USA December 1964 (Experimental unmanned aircraft have since reached Mach 10)				July 2008			
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51 Misc	Save Your Pocket Money for a Month and Spend ...	 How much money goes into your pocket? The average amount of pocket money given in the UK is about £8 a week (as of July 2007). If you get less than this, you need to show your parents this statistic. If you get more, definitely keep this information to yourself!	
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82 Learn to Skim Stones	 Skimming-stones world record: The record for the most times a stone has skipped across the surface of the water is 51 times. This record is held by Russell 'Rock Bottom' Byars and was accomplished at French Creek in Pennsylvania in 2007.	
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82 Learn to Skim Stones	33 Learn to Bake a Cake
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Tick the box for each time you managed to make the stone skim. Try to break the current record of 51 times, but be warned! It's not as easy as it looks!



Current world record

Ingredients

100 grams butter
100 grams caster sugar
2 eggs, beaten
50 grams cocoa powder
100 grams self-raising flour

Method

Cream the butter and sugar (an electric mixer will do the job much faster than a wooden spoon) until the mixture's light and fluffy.

Add the eggs bit by bit, mixing in between, and then fold in the flour and cocoa. Spoon the mixture into a greased and lined 18-cm cake tin. Level the surface and bake in a preheated oven at 180°C (350°F/gas mark 4) for 25-30 mins. To test if the cake is ready, stick a knife in. If it comes out clean, the cake's done! Wait for the cake to cool before turning it out on to a rack.

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